



St. Perpetua Hot Lunch Registration and Ordering

To register:

- Go to Food for Thought website - www.f4tc.com
- Click on **New Account**
- Click on **Place Order** and complete all the new user information

To add students to your account profile:

- Select **Profile Tab** (make sure you are logged into your account)
- Click **Add Student** and fill in appropriate information
- **School code – Perpetua**
- Click **Submit**
- Click **Add Student** and repeat process to add more students to your profile

To order lunch:

- Select **Profile Tab** (make sure you are logged into your account)
- Select your student from Student drop down
- Check items you wish to order
 - Drinks are included in entre prices
 - Regular portions are recommended to start with for all grades. Discuss with your student if they want to bump up their meal size portion
- Click on **Checkout** to pay for your order

To support SEEDs:

- SEEDs is provided by Food for Thought. Please support SEEDs by ordering pizza on Thursdays beginning August 20th through this online ordering.
- Support SEEDs enrichment program to broaden educational experiences for all students and order pizza on Thursdays!

Food for Thought statement on **food allergies** – “We are sensitive to the special needs of children with life threatening food allergies. No nut trees (e.g. walnuts, almonds, cashews, pine nuts, etc.) or peanut products (including butters or oils) are used in our lunches. We are so adamant about this that they are not even allowed in our facilities.”